

Directions for Use

- Please read and follow the directions for use
- Application requires competent medical staff
- Maximum uninterrupted period of application without medical control is 29 days
- The same patient may use the product numerous times
- Tolerance and proper positioning of the pessary are to be ensured by ultrasound and/or questioning the patient
- The product surface should be checked for damage and cleanness prior to every application. Once surface changes are noticed, the pessary must be replaced by a new one
- The pessary should be cleaned mechanically using lukewarm water and soap solution after each use
- Maximum period of use: 2 to 3 cycles of maximal 29 days
- Cycles of application are to be documented by the doctor

Complementary products

- Ladysoft Lubricating Gel if eases using the pessary
- Femsoft Intimate Cleaning Lotion gentle cleaning of the intimate area
- Femsoft Intimate Care Creme maintains and protects the intimate area

Cerclage Pessary Hamann & Jorde



- Size I 30 – 75 mm diameter MED1000097
- Size II 35 – 76 mm diameter MED1000098
- Size III 35 – 83 mm diameter MED1000099

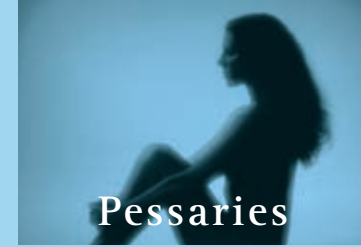
Please write to us if you have any further questions regarding application or if you would like to let us know about your experiences.

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SP 000653.001 PRN 21.028

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Hamann & Jorde Cerclage Pessary

Directions for Use

Pack Contents

Hamann & Jorde Cerclage Pessary
Directions for Use Pessary
Ladysoft Lubricant Gel
Directions for Use Ladysoft

CE 0483

Made in Germany

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What is the purpose of cerclage pessary treatment?

Cerclage pessaries are generally used to relieve the cervix during pregnancy. This can help to prevent a risk of premature birth. Cerclage pessaries are therefore used if you have a shortened or open cervix. The use of a cerclage pessary is also advisable if:

- You have already had a premature birth not caused by an infection
- You have had a multiple pregnancy
- You are exposed to increased physical strain (e.g. due to long periods of standing)
- Your uterus has moved downwards significantly (painful downward pressure on exposure to physical strain).

What is the effect of a cerclage pessary?

A Hamann & Jorde cerclage pessary cushions the pressure on the neck of the uterus. A central hole admits the cervix and pushes it towards the sacrum. Pressure on the neck of the uterus is relieved by the pessary resting broadly on the pelvic floor. The shape of the pessary is such that the side facing the abdomen is wider than facing the back, resulting in the pressure within the uterus being shifted towards the anterior uterine wall. This and other factors contribute to reducing the risk of a miscarriage.

medesign cerclage pessaries are made of flexible and tissue friendly silicone especially developed for medical use. The highly elastic pessaries can be inserted while folded (with the aid of a lubricant gel such as Ladysoft advisable) without any pain at all. You will not even feel a correctly positioned pessary.

What is the normal procedure of cerclage pessary treatment?

Cerclage pessary treatment should be started between the 15th and 20th week of pregnancy. Optimal treatment and full comfort are dependant on the selection of the right size. medesign cerclage pessaries are available in different sizes. Your gynaecologist will determine the right size for you by measurement.

He/She will first find out whether the cervix is open or altogether shortened, by means of a vaginal ultrasound scan (recorded while lying down or standing up). The gynaecologist will furthermore check for any infection.

The pessary will be positioned as high up as possible. Any complaints associated with a prolapse will disappear as soon as the pessary has been fitted.

The gynaecologist will make sure that the pessary does not enclose the cervix too tightly during further examinations. A pessary that has been fitted to counteract complaints associated with a prolapse can remain in place until delivery if it causes no discomfort. If the pessary was fitted to prevent a risk of premature birth, then it will be removed in the 37th week of pregnancy. Control and change of the pessary should only be carried out by competent medical staff.

When changing the pessary, it should be cleaned with warm water and a mild cleansing lotion such as femsoft and then rinsed with clear water. Disinfection is generally not necessary.

Your gynaecologist will check your vaginal pH value regularly (every one to two weeks) during the cerclage pessary treatment

What can I do about increased discharge?

Slightly increased discharge commonly accompanies treatment with cerclage pessaries. This can be avoided or reduced by proper feminine hygiene.

You may for instance use a cleansing liquid specifically for feminine hygiene such as femsoft, to achieve pleasant and effective hygiene. This cleansing liquid specially developed on a basis of whey and stinging nettle, has a low pH value (3.8 to 4).

Your doctor should clean the pessary every two weeks if you experience profuse discharge.